

### ***Stay in the loop!***

Make sure your contact information is up-to-date!

Call Healthy Lifestyles:  
**504-503-4066.**

### ***Need a new Membership Card?***

Call Healthy Lifestyles:  
**504-503-4066.**

### ***Need a physician referral?***

***WE GOT DAT!***

Call EJGH HealthFinder:  
**504-456-5000.**

### **Love to Read?**

Join our book club! Next meeting is **Wednesday, April 19** at 6p at Mellow Mushroom in Metairie. We will be discussing "The Shack" by William Paul Young.

### **Color Me Calm**

Join us for adult coloring at 3p, in the Healthy Lifestyles Office:  
**Wednesday, April 12 and Wednesday, April 26**

### **Blood Pressure Screenings**

**Tuesday, April 11** – 8am at Clearview Mall  
**Friday, April 28** – 4p (Metairie Whole Foods Market)

### **Community Partner Spotlight**

Did you know that HL members have access to numerous discounts at local businesses? This month's partner spotlight is shining on **Barnes and Noble Booksellers**. Members get 20% OFF! Use code **7209299** (*in store only*)

### **Annual Bus Trip**

**November 12, 2017** to Branson, Missouri. Call the office for details!

### **Nutrition Counseling**

Appointments are now being offered to HL members at a discounted rate at the Wellness Center. Call **504-456-5000** to register.

### **Inpatient Benefit**

If you have had an inpatient stay at EJGH, your Healthy Lifestyles membership is valid for a **free private room upgrade**.

### **Need help understanding Medicare?**

Healthy Lifestyles offers FREE Medicare counseling. Call us today to make an appointment.

