

Stay in the loop!

Make sure your contact information is up-to-date!

Call Healthy Lifestyles:
504-503-4066.

Need a new Membership Card?

Call Healthy Lifestyles:
504-503-4066.

Need a physician referral?

WE GOT DAT!

Call EJGH HealthFinder:
504-456-5000.

Inpatient Benefit

If you have had an inpatient stay at EJGH, your Healthy Lifestyles membership is valid for a **free private room upgrade.**

Need help understanding Medicare?

Healthy Lifestyles offers FREE Medicare counseling. Call us today to make an appointment.

Love to Read?

Join our book club! Next meeting is **Wednesday, March 15** at 6p at the Metairie Barnes and Noble. We will be discussing *"The Guests on South Battery"* by Karen White.

Color Me Calm

Our next session of adult coloring, Color Me Calm, will be held on **Wednesday, March 8** at 3p, in the Healthy Lifestyles Office.

Blood Pressure Screenings

Tuesday, March 14 – 8am at Clearview Mall
Tuesday, March 28 – 4p (Metairie Whole Foods Market)

Annual Bus Trip

November 12, 2017 to Branson, Missouri. Call the office for details!

Community Partner Spotlight

Did you know that HL members have access to numerous discounts at local businesses? This month's partner spotlight is shining on **Rudiger's Boutique** located on the first floor of EJGH. Your HL card will earn you 15% off!

Nutrition Counseling

Appointments are now being offered to HL members at a discounted rate at the Wellness Center. Call **504-456-5000** to register.

