



BOSOM BUDDIES®

Breast Cancer Support Group for Survivors, Friends and Caregivers



2020 Schedule



<u>DATE</u>	<u>TOPIC</u>	<u>GUEST SPEAKER</u>
JANUARY 15	Mindfulness	
FEBRUARY 19	CBD: Your Questions Answered	Crystal Nugent
MARCH 18	Pelvic Floor Health	Emily McElrath, PT, DPT, MTC, CIDN
APRIL 15	Mental Health and Breast Cancer	Dr. Emily Prather
MAY 20	GENERAL MEETING	
JUNE 17	Essential Oils	Valerie Simoneaux
JULY 15	Long Term use of Hormone Blockers	Dr. Carrie Marquette
AUGUST 19	GENERAL MEETING	
SEPTEMBER 16	Radiation Therapy	Allyce Lemon, RN
OCTOBER 21	GENERAL MEETING	
NOVEMBER 21	GENERAL MEETING	
DECEMBER	NO MEETING- HAPPY HOLIDAYS	

“TOPICS SUBJECT TO CHANGE DUE TO SPEAKER AVAILABILITY”

6:30-8:00PM

3RD WEDNESDAY OF EACH MONTH

EAST JEFFERSON GENERAL HOSPITAL

3rd Floor Conference Room Yenni Pavilion

FOR MORE INFORMATION CALL MARY COSPER

504-503-5292



1.800.227.2345 cancer.org



East Jefferson General Hospital