

# Aqua Boot Camp

**Wellness Center**  
3726 Houma Blvd.,  
Metairie, LA 70006  
504.503.6868.



**Positive change  
is within reach.**

**Splash into summer  
with this great  
workout program!**

## June 7–July 2 (4 weeks)

**Registration: May 17–May 31**  
**Members \$50 | Non-Members \$60**

2 days per week  
6–6:45pm  
Monday and Thursday

This program will be held in our in our very own lap pool housed in a modern indoor aquatics area. Instructed by Karl Lehmann.

**To register, please call 504.503.6868.**

**East Jefferson**   
**General Hospital**  
LCMC Health