

# ***Reveal Implantable Loop Recorder Discharge Instructions***

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1. Leave dressing on incision site for 48 hours. Bandage may be removed on \_\_\_\_\_ at \_\_\_\_\_ am/pm.
2. Wash your hands for 20 seconds before and after touching the dressing and/or incision.
3. After the dressing is removed, you may shower.
4. Wash incisions daily with mild soap and warm water and pat dry. Do not scrub the incision.
5. If you have steri-strips, do not remove them. Allow to fall off on own.
6. Do not use lotions, ointments or powder on the incision site unless directed by your doctor.
7. Call your doctor if you have any increase in blood or drainage from incision site, fever of 100.5 or greater, or increased redness or swelling at the incision site.
8. Carry your Reveal ID card with you at all times.
9. Keep all appointments for follow-up care of your Reveal.
10. Notify your doctor if you feel you are experiencing any symptoms such as dizziness or chest pain.
11. Notify any doctors or dentists that you have a Reveal Implantable Loop Recorder.

